

授乳表 (四男)

| 日齢 | 日齢0 | | | | 日齢1 | | | | 日齢2 | | | | 日齢3 | | | | 日齢4 | | | | 日齢5 | | | | |
|----|---------|-----|---|---|---------|------|---|---|---------|-----|---|---|---------|-----|---|---|----------|-----|---|---|---------|-----|---|---|--|
| 体重 | 3,680 g | | | | 3,520 g | | | | 3,478 g | | | | 3,546 g | | | | 3,662 g | | | | 3,736 g | | | | |
| 時間 | 母乳 | ミルク | 尿 | 便 | 母乳 | ミルク | 尿 | 便 | 母乳 | ミルク | 尿 | 便 | 母乳 | ミルク | 尿 | 便 | 母乳 | ミルク | 尿 | 便 | 母乳 | ミルク | 尿 | 便 | |
| 0 | | | | | ○ | | | | ○ | | | | ○ | | | | ○ | | 1 | 1 | ○ | | | | |
| 1 | | | | | ○ | | | | ○ | | | | | | | | ○ | | | | | | | | |
| 2 | | | | | | | | | ○ | | 1 | | ○ | | 1 | | ○ | | 1 | | ○ | | | 1 | |
| 3 | | | | | | | 1 | | ○ | | | | | | | | | | | | ○ | | | | |
| 4 | | | | | | 10cc | | | | | | | ○ | | 1 | | | | | | | | | | |
| 5 | | | | | | | | 1 | ○ | | | | | | | | ○ | | 1 | | ○ | | | 1 | |
| 6 | | | | | | | | | ○ | | | | ○ | | 1 | 1 | | | | | | | | | |
| 7 | | | | | | 10cc | | | | | | | | | | | | | | | | | | | |
| 8 | | | | | | | | | ○ | | | | | | | | ○ | | | | ○ | | | 1 | |
| 9 | | | | | | | | | ○ | | 1 | 1 | ○ | | 1 | 1 | | | 1 | 2 | 退院 | | | | |
| 10 | | | | | ○ | | | | ○ | | | | ○ | | | 1 | ○(母乳58g) | | 1 | | | | | | |
| 11 | 12:32出産 | | | | ○ | | | | | | | | | | 1 | 1 | ○ | | | | | | | | |
| 12 | | | | | ○ | | | | | | | | ○ | | | | | | | | | | | | |
| 13 | ○ | | | | | | | | ○ | | 1 | 1 | | | | | | | | | | | | | |
| 14 | | | | | ○ | 10cc | | | | | | | | | | | ○ | | | | | | | | |
| 15 | | | | | ○ | | | | ○ | | | | ○ | | 1 | 1 | | | | | | | | | |
| 16 | | | | | ○ | | | 1 | ○ | | | | ○ | | | | | | | | | | | | |
| 17 | ○ | | | 1 | | | | | ○ | | | 1 | | | | | ○ | | | 1 | 1 | | | | |
| 18 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 19 | | | | | ○ | | 1 | 1 | | | | | ○ | | 1 | | ○ | | | 1 | 1 | | | | |
| 20 | ○ | | | 1 | ○ | | | | ○ | | | | ○ | | | 1 | | | | | 1 | | | | |
| 21 | | | | | ○ | | | | | | | | ○ | | 2 | 1 | | | | | | | | | |
| 22 | ○ | | | | ○ | | | | | | | | | | | | | | | | | | | | |
| 23 | ○ | | | | ○ | | | | ○ | | 1 | | | | | | ○ | | | 1 | 1 | | | | |
| 合計 | 1 | 0 | 0 | 1 | 13 | 0 | 2 | 3 | 16 | 0 | 5 | 0 | 13 | 0 | 5 | 8 | 8 | 0 | 5 | 2 | 8 | 0 | 5 | 2 | |

退院後の授乳方法(病院コメント)：今のペースで1日最低8回、できれば10回以上授乳しましょう。